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Headteacher: Matthew Dampier

Healthy School & Wellbeing Newsletter

Autumn 1 2026

Welcome to the first edition of the Healthy School and Wellbeing newsletter of this academic year. Here you will find updates on PE, School Sport and Physical Activities and information on how we are inspiring our pupils to lead healthy lifestyles and supporting their positive well-being. We hope you find the updates, tips and resources helpful.



Physical Education

Our pupils have been working incredibly hard in their PE lessons over this half term. In Years 3 and 4, the children have been focusing heavily on developing their movement and body control. They have put these movements into practice during their invasion games unit, where they have started to understand how to create space and work effectively as a team. Meanwhile, Years 5 and 6 have been pushing themselves by building up their stamina and endurance. They have also applied these skills to Tag Rugby, focusing on their support.

School Sport

This half term, some of our pupils have had the opportunity to take part in a range of exciting sporting events and competitions. Well done everyone who has represented the school, we are all very proud of you.

Cross Country

A massive congratulations to all of our fantastic runners who represented the school at the South Eastleigh and Winchester Cross Country Final**s**. Competing against the fastest athletes from across the partnership, our team showed incredible determination.

Special mentions to;

- Henry (Year 5) who came 2nd and has qualified to represent the Partnership at the Hamphire Finals.
- The Year 5 Girls team (Summer, Grace, Elodie, Autumn, Primrose) who won their team event by having the lowest combined finishing position.



Tag Rugby

Well done to our Year 5 and 6 Tag Rugby team who put on a spectacular performance in their recent match against Curdridge Primary School. In a highly competitive and fast-paced game, our players demonstrated brilliant teamwork to secure a fantastic 15-10 victory.

After School Clubs

Bookings for our Autumn 2 after-school clubs are now open. We're pleased to offer pupils the opportunity to take part in a range of fun, active and enriching activities after school. Please make your booking soon to secure a place. All club information can be found on the school website.



Droxford Stars

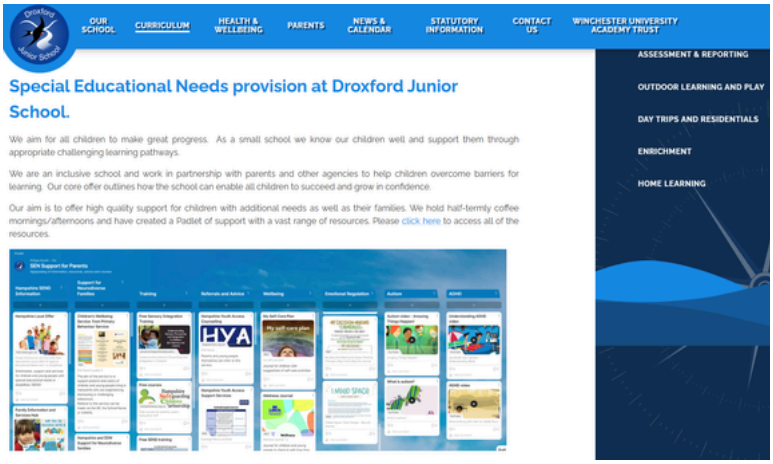
We are thrilled to celebrate Summer in our Stars feature this week! Representing Portsmouth Gymnastics Club at the Hampshire Levels competition, Summer achieved phenomenal results: striking gold on the bars and vault, winning bronze on the floor, and placing 4th on the beam. Her incredible performances earned her overall Gold in her age group and overall Silver across all ages. We are incredibly proud of your hard work and well-deserved success, Summer!



October Half Term

Don't miss the clubs that we are running over the half term. The clubs are a great way to keep children entertained during the holiday period. For more information, please email d.banham@droxford.UWINAT.sch.uk





School Padlet

Our School Padlet can be found on the school website. This interactive, digital noticeboard has been created specifically for parents and carers as a hub for SEN support. It is packed with useful resources, practical strategy guides and links. We hope this tool provides a clear, accessible space to help you find the information you need quickly and easily.

If you need support or advice

CAMHS Child & Adolescent Mental Health Services

Anna Freud National Centre for Children and Families

YOUNGMiNDS fighting for young people's mental health

ChildLine 0800 1111

Thank you for your continued support,

Mr D Banham
PE & Sports Coach

Mrs P Burrell
SENCO

Ofsted Outstanding Provider

South Downs National Park Ambassador School

University of Winchester Academy Trust

School Games Platinum 2024/25 – 2025/26

Healthy School