



Droxford Junior School
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Headteacher: Matthew Dampier

Healthy School and Wellbeing Newsletter

Autumn 1 2024

Dear Parent,

This newsletter aims to keep you all up to date with the school's sport, physical activity, healthy lifestyle choices and wellbeing activities.

Sports Events

This term has been full of exciting sporting action as our students have represented the school at various events. The teams have shown incredible teamwork, determination, and sportsmanship. We're proud of everyone who took part, and we look forward to more sporting success as the year progresses.



Dodgeball - Some of our Year 4, 5, and 6 students had a fantastic time taking part in three exciting dodgeball festivals this half term. Each group had the chance to showcase their skills, teamwork, and quick reactions in a series of matches against other schools. The festivals were filled with energy. Well done to everyone involved.

Cross Country - A huge congratulations to our Year 3 and 4 students who took part in the South Eastleigh and Winchester Cross Country event on Tuesday 1st October at Swanmore College. The children all displayed fantastic effort as they tackled the challenging course.

Football - Our boys' football team competed in their first tournament of the year in the cluster event held at Swanmore Primary. The team showed fantastic teamwork and gave it their all as they competed against strong opponents. Well done to all the players, we're excited to see how the team grows and performs in the upcoming fixtures!



Wellies

As the weather changes, we want to remind parents that children are welcome to bring in wellies or spare shoes so they can enjoy the school field all year round. This ensures they can make the most of our amazing grounds, even on wet or muddy days, while keeping their school shoes clean and dry. Please ensure that any extra footwear is clearly labelled with your child's name. Thank you for your support in helping us make the most of our outdoor spaces!



After School Clubs

Please note that children's places in our after-school clubs are secured until the Christmas holidays. There remain some spaces available for new participants, so if your child is interested in joining any of our exciting clubs, please don't hesitate to ask about availability through the school office. Information regarding all clubs after the Christmas period will be released during the second half of the autumn term.

October Half Term

We have limited spaces left on the following courses running over the October Half Term. To avoid disappointment, please book your child's place as soon as possible by the booking links below.

Date	Club	Leader	Booking Link
31/10/2024	Dodgeball Games Day	Xtra Active	https://xtra-active.classforkids.io/info/3
01/11/2024	Football Games Day	Xtra Active	https://xtra-active.classforkids.io/info/4
	Dance Day	The Dance Box	https://thedanceboxuk.co.uk/october-half-term/

Droxford Stars



Well done to Oli who was nominated as the U9 player of the year for his cricket club Hambledon. He has also been nominated for a trial at the Hampshire player pathway.

If you would like to share your sporting achievements, please email them to me at d.banham@droxford.hants.sch.uk.



With many thanks for all your continued support and positivity,

Duncan Banham
PE and Sports Coach
Droxford Junior School

Where to go if you need support and advice

Childline 0800 1111 / www.childline.org.uk/kid
 Young Minds Parents Helpline 0808 802 5544 / youngminds.org.uk
www.nhs.uk/oneyou/every-mind-matters/childrens-mental-health
<https://www.annafreud.org/parents-and-carers>
<https://hampshirecamhs.nhs.uk>

