



Droxford Junior School
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🌐 www.droxfordjunior.co.uk

Headteacher: Matthew Dampier

Healthy School and Wellbeing Newsletter

Autumn 1 2023

Dear Parent,

This newsletter aims to keep you all up to date with the school's sport, physical activity, healthy lifestyle choices and wellbeing activities. If you would like to access a colour copy of this newsletter, it can be accessed on our website;

<https://www.droxfordjunior.co.uk/page/?title=Healthy+Schools+and+Wellbeing+newsletters&pid=30>

Sport Events

It's been a brilliant half term with lots of children across the school participating in different competitions and festivals. Well done to all of you who have represented the school. We are very proud of you.

South Eastleigh and Winchester Year 6 Dodgeball Festival - 12/09/2023

South Eastleigh and Winchester Year 5 Dodgeball Festival - 19/09/2023

South Eastleigh and Winchester Year 3 & 4 Cross Country Event - 03/10/2023

South Eastleigh and Winchester Year 5 & 6 Cross Country Event - 10/10/2023

Swanmore Cluster Year 6 Boys Football Tournament - 17/10/2023

Special mentions

- Well done to Sam, Florence, Anya, Eleni and Elizabeth C who have all qualified to represent the South Eastleigh and Winchester partnership at the Hampshire County Cross Country Finals.
- Congratulations to the Year 6 Boys and Year 6 Girls cross country teams, who both won the South Eastleigh and Winchester cross country team events.



New Sports Kit

We are very excited to share with you our new sports kit. Thank you to Samantha and Florence Woolley who organised sponsorship from English Oak Care Homes to buy the new kit. I'm sure you will all agree they look absolutely brilliant and we are really looking forward to seeing our teams competing in them.



4:30 Club

It's been an exciting first half term of the 4:30 club. Activities have included, den building, loom bands, bowling, parkour runs and many more. Remember the 4:30 club runs every Tuesday, Wednesday and Thursday, to book your child a place just visit your Arbor account.



Winchester Hill Walk

Well done to all the Year 5/6 children who completed the Winchester Hill Walk on Tuesday 10th October. The children demonstrated brilliant resilience as they hiked a total of 12km.



Gold Kitemark

We are very proud that we have retained our Gold School Games Kitemark. An accolade which recognises all of the hard work we put into our PE and School Sport provision. Thank you to all the staff who work incredibly hard to make this possible.



PE Kit reminder

As the weather turns wetter and colder, please ensure your child has appropriate clothing for participating in lessons. PE kit includes a blue Droxford PE top, black bottoms and appropriate footwear. When safe to do so, lessons will continue in the rain or when the field is muddy. To avoid children having to stay in wet/ muddy clothes for the rest of the day please consider packing your child with spare clothing on their PE days, please ensure these are either school uniform or Droxford PE kit.

Droxford Stars

We would love to share any sporting achievements with everyone else. If you achieve something outside of school, please email these to me at d.banham@droxford.hants.sch.uk.

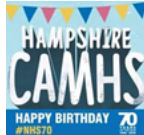


Holiday News

We saw lots of children attend the Football Games Day and Dance Box holiday club over the October Half Term. We will be running more over the Christmas holidays on Monday 18th and Tuesday 19th December. Please look out for the booking forms which will be sent out soon!

Where to go if you need support and advice

Childline 0800 1111 / www.childline.org.uk/kid
Young Minds Parents Helpline 0808 802 5544 / youngminds.org.uk
www.nhs.uk/oneyou/every-mind-matters/childrens-mental-health
<https://www.annafreud.org/parents-and-carers>
<https://hampshirecamhs.nhs.uk>



With many thanks for all your continued support and positivity,

Duncan Banham
PE & Sports Coach
Droxford Junior School

