**PE Home Activities and Resources**

Supporting parents to deliver PE at Home - Association for Physical Education

<https://www.afpe.org.uk/thisispe-supporting-parents-to-teach-pe-at-home/>

PE with Joe – Joe Wicks

<https://www.youtube.com/channel/UCAxW1XT0iEJo0TYlRfn6rYQ>

Active me at home – Activeme360

[www.activeme360.com/activemeathome/](http://www.activeme360.com/activemeathome/)

Twitter - @activeme360

Facebook – ActiveMe360

Premier League Stars

<https://plprimarystars.com/home-learning/physical-activity>

Move Crew – UK Active Kids

[www.ukactivekids.com/movecrew](http://www.ukactivekids.com/movecrew)

Twitter - @\_ukactive

The PE Specialist

<https://www.thepespecialist.com/peathome/>

Eastleigh and Winchester School Games Organiser

@SGO\_East\_Winch

Youth Sport Trust

<https://www.youthsporttrust.org/free-home-learning-resources-0>

@YouthSportTrust

Hampshire School Games Organiser

Twitter - @HampshireSGO

School Games

<https://www.yourschoolgames.com/impact/news/school-games-active-championships-video-coaching-and-free-resources-keep-children-active-during-school-closures/>

Twitter- @YourSchoolGames

Just Dance Videos

<https://www.youtube.com/channel/UChIjW4BWKLqpojTrS_tX0mg>

Action for Healthy Kids

<https://www.actionforhealthykids.org/activity/pe-for-parents/>